

MINERS FORUM**MONDAY**

5:00-5:50pm U7#1
6:00-7:20pm **U18 Metro 1 GAME**
7:30-8:50pm **U15AA GAME**

TUESDAY

3:00-3:50pm Skate Club
4:00-4:50pm Skate Club
5:00-5:50pm **U9#1**
6:00-6:50pm **U9#2**
7:00-8:20pm **U18 Metro 2 GAME**

WEDNESDAY

4:00-4:50pm U7/U9/U11 New Goalie
5:00-5:50pm U11A Practice
6:00-6:50pm **U13-1 Metro Practice**
7:00-7:50pm **U15 Metro GAME**

THURSDAY

5:00-5:50pm U13-2 Metro Practice
6:00-6:50pm **U11 Metro 2 GAME**
7:00-7:50pm U15AA Practice

FRIDAY

3:00-3:50pm Skate Club
4:00-4:50pm Skate Club
5:00-5:50pm Skate Club
6:00-6:50pm Skate Club
7:00-7:50pm **U13-1 Metro GAME**
8:00-9:20pm **U18AA GAME**

SATURDAY

9:30-10:20am U9#1
10:30-11:20am U9#2
11:30am-12:50pm **U11A GAME**
1:00-2:20pm **U13A GAME**
2:30-3:50pm **U11AA GAME**
4:00-5:20pm **U13AAA GAME**
5:30-6:20pm Skate Club
6:30-7:20pm Skate Club

SUNDAY

8:00-8:50am U7#1
9:00-9:50am U7#2
10:00-10:50am U7#3
11:00-12:20pm **Flex GAME**
12:30 - 2:00pm **U15A GAME**
2:00-3:00pm **U13-2 Metro 2 GAME**
3:00-3:50pm Miracle Athletes

DOMINION**MONDAY**

4:00-4:50pm Goalie Clinic
5:00-5:50pm U11AA Practice
6:00-6:50pm U13AAA Practice
7:00-7:50pm U15A Practice

TUESDAY

4:00-4:50pm U11 Rep Development
5:00-5:50pm U13 Rep Development
6:00-6:50pm **U11-1 Metro GAME**
7:00-7:50pm U18AA Practice

WEDNESDAY

4:00-4:50pm **U11/U13 Metro Development**
5:00-5:50pm **U7#3**
6:00-6:50pm **U7#2**
7:00-7:50pm 13A Practice

THURSDAY

4:00-4:50pm U11AA/U13AAA Split Practice

FRIDAY

4:00-4:50pm 3v3 U11/U13 (All teams)
5:00-5:50pm **U15 Rep/Metro Development**

SATURDAY

8:00-8:50am Skate Club
9:00-9:50am Skate Club
10:00-10:50am Skate Club
11:00-11:50am Skate Club
12:00-12:50pm U11-1 Metro Practice
1:00-1:50pm U11-2 Metro Practice
2:00-2:50pm **U11-3 Metro GAME**
3:00-3:50pm U18-1 Metro Practice

SUNDAY

9:00-9:50am U9#1
10:00-10:50am U9#2
11:00-11:50am U11-3 Metro Practice
12:00-12:50pm U15 Metro Practice
2:00-2:50pm U18-2 Metro Practice